

Ancient World Egypt Experience

Cherabella

MON 8TH - MON 22ND MAY | CAIRO - ASWAN - EGYPT



It's time...we're taking you to Egypt!

We are at a profound turning point of colossal shift and change, we can feel it in our hearts..

Return to the homelands with us as we journey together through the sacred sites of Cairo, Aswan and Luxor, experiencing a deep initiation into the ancient way.



A long-awaited healing high-frequency world of wonder...

Through private temple visits, exclusive desert and Pyramid access, sound, song, yoga, meditation and beyond, immersing ourselves in the wisdom of our ancestors, can you begin to see and feel the sacred in every moment as you learn to remember the true you...



FOR MORE DETAILS AND TO BOOK, PLEASE EMAIL
CHERUB@CHERABELLA.CO.UK

Ancient World

An ancient world still lives within our society and to this day it continues to vibrate inside the heartbeat of Mother Earth to keep our delicate world in balance.



Walk these sacred lands with us and attune to the frequencies within to access the inner guidance necessary for your onward journey.

It's time to honour and remember our past to know how to move into the future and birth a beautiful new Earth.

We are living in a time where frequency is of the utmost importance...

Join our special soul journey through the homelands to truly embody how to hold and be the higher frequencies that the planet is calling out for...



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Journey Highlights

6 nights sailing the River Nile on a luxury boat

Organic plant-based cuisine

**Private tour of The Great Pyramid & Sphinx in Cairo
& sacred sites in Luxor**

Daily sound with Tim Wheater & Cherub

Yoga, voice activations, singing circles and meditations

Sunset Sahara Desert trek

Night time Karnak sound and light show

Private dining experience overlooking the valley of the Kings

Sunset Isis temple visit, Luxor

Luxury hotel stays in Luxor and Cairo

**Private fertility blessing/reparenting ceremony
in The Medinet Habu temple**

Singing circle under the stars

Desert sunrise meditation

Rebirthing ceremony in the River Nile

Deep self-enquiry journey through themed temple visits

Celebration of life party with traditional musicians

The Details

Mon 8th May - Fly into Cairo

Tues 9th May - Sunrise ceremony at the Great Pyramid, Sphinx & Giza Plateau.
Sunset Sahara Desert trek

Wed 10th May - Fly to Aswan, board our Luxury Boat

10th-16th May - Sail the River Nile visiting sacred sites along the way

16th-22nd - Arrive in West Bank to stay in a beautiful, traditional boutique hotel and explore the homelands of Luxor

Mon 22nd May - Bon voyage, we fly home.



The Investment

£3000

What's Included?

All food, accommodation, temple entry, transport, domestic flight from Cairo-Aswan, wellness activities

What's Not Included?

International flights, spending money, shopping, optional excursions (hot air balloon, camel ride)

Special high frequency 1-1 healing sessions



Cherub is a sound artist, teacher and protectress of high-frequency, the founder of Sister Sound Circle and Cherabella; her own brand of instruments.

For over a decade, Cherub has committed to sharing the transformational powers of sound, forging the path for many aspiring sound healers of her generation to join her in this mission to tune up our collective frequency, and birth a new universe together.

Your host:

Cherub Ganson

@cherabella_

TRIP LEADER | SINGING CIRCLES

VOCAL JOURNEYS | SOUND RELAXATION

Like most of us drawn to this epic experience, Cherub has felt intrigued by the homelands of Egypt since childhood, and has felt deeply connected to this ancient world throughout her 6 visits.

Cherub fulfilled her dream of taking her Sister Sound Circle group on this sacred pilgrimage in 2019, and she became the first person to play gong on the River Nile.

Cherub has since formed unbreakable bonds with a truly heart-centred Luxor team that have become like family, and she is delighted to be able to guide you all through this life-changing expedition through the most preserved and revered lands on Earth.



With very special guest...

Tim Wheater

SOUND RELAXATION | VOCAL ACTIVATION

WORLDLY WISDOM | LEGENDARY STORIES!

It's a blessing to welcome The Maestro, Tim Wheater on board. Tim brings a depth of gravitas and wisdom to any occasion and his loveable, regal charm, epic anecdotes and pure connection to the celestial realms through the healing power of music will add a touch of magic and mystery to the trip.



Often referred to as the masters of high-frequency, Tim Wheater and Cherub are the Nation's most highly respected healing musicians, forging the way for the sound therapy movement that exists today.

Tim & Cherub are an unwavering force of good vibrations; and as exquisite performers, teachers and inspirational speakers, they have pioneered the field of transformational sound together for over a decade.



Award-winning, internationally acclaimed musician, Tim Wheater has presented his inspirational music globally, with over 20 successful albums spanning several decades.

Tim is considered a founding Father of sound healing; one of the few that introduced it to the west in 1982.

Performing alongside leading luminaries such as Deepak Chopra, Julia Cameron, Wayne Dyer and The Dalai Lama, Tim has had an incredible effect on the world with his unique approach to sound.

Some very special guests bringing key Egyptian and Kemetic Insights and a journey through time.



Pure Soul Tone

We are creative, rhythmic, musical beings, born to express our true sound.

Yet that unique soul signature contained within us often gets drowned out by the noise of life.

A life led without true vocal expression loses its sense of aliveness and contributes to a world full of voiceless, unheard souls.

It's time for us to stand in the full authenticity of our voices, opening up the gateway through the ancient world. to the deeper layers of our soul,



Vocal toning on the Giza Plateau

Sound is the universal language of connection and we're going to dive into the journey of rediscovering our pure soul tone and connect on a deeper level to who's really inside..

We will learn to connect with the vibration of our original sound and transform as we remember how to express the true tone within.

Singing Circle on The Nile



FOUND THROUGH SOUND

Guided by a team of Egypt experts and sound specialists, we will connect to the temple energies through sound, prayer, meditation and movement to fully embody sacred sound as the greatest form of reconnection.

The Accommodation

Steigenberger Pyramids - Cairo

Alexandria Desert Rd, Kafr Nassar, Pyramids, Giza
Governorate 3515011, Egypt
Mon 8th - Wed 10th May



The 5-star Steigenberger is a taste of modern luxury amidst an ancient city. The stunning hotel is situated in the Giza district, near the epic Pyramids, with enough distance to cocoon away from the hustle and bustle of the Giza Plateau.

Inside, relax in upscale hotel rooms with indulgent bedding, regal comfort with fantastic views or bask in the wondrous beauty of the Pyramids from the poolside.

Ultimate opulence for our short stay in Cairo.



The Accommodation

Luxury Boat - Aswan - Luxor

Wed 10th - Tues 16th May



An exquisite Nubian Dahabiya boat and service that offers the best of what Aswan has to offer. From the traditional staffing and beautiful, elaborate colours you'll be transported into the ancient wonders of Nubia, known today as Aswan.

Experience tranquil sailing down the River Nile as you lie on the sundeck, watching the landscape gliding by. Relax in twin cabins with private bathrooms and dine on delicious plant-based cuisine; authentic dishes with Egyptian and Mediterranean-inspired flavours.

Explore riverside villages, visit local markets and immerse yourself in ancient monuments along the Nile as we journey to Luxor.



The Accommodation

Al Moudira- West Bank, Luxor

Hager Al Dabbeya, West Bank, Luxor, Egypt
Tues 16th - Mon 22nd May



Al Moudira is a traditional Arabian Palace, in an oasis of greenery surrounded by the desert.

This boutique hotel feels so aligned with the style of our trip. It truly is the perfect blend of luxury and sophistication, a hidden gem amidst the vibrant energy of West Bank, Luxor.

Relax amidst the traditional decor and furniture, discovered amongst the antiquities in the souk, or take a soothing stroll through the eight-hectare garden, fragrant with perfume of jasmine and henna.

Unwind after a long day in Luxor with massages, Turkish bath, Solarium and swimming pool; the ideal integration between your active day and idealic evenings.

Completely secluded from the bustling world around, you can truly immerse in the eastern spirit omnipresent in Al Moudira.



FAQ

DO I HAVE TO BE A SOUND STUDENT/SSC MEMBER TO JOIN?

All are welcome, girls and boys! come and join this special meeting of souls. We love making new friends on our wavelength.

DO I NEED TO BE A SOUND HEALER OR GOOD SINGER?

Although we have lots of sound healers on the trip, it's not a requirement. You will be immersed in soothing sounds in some way every day, and surrounded by intuitive high-vibe healers, yogis, wellness lovers... strong sound squad!

Yet we welcome all guests from all walks of life.

The more varied the better.

And the sound play we will create is not performative - it's expressive. It's all about letting go, being free and HAVING FUN!

ARE THE ACTIVITIES COMPULSARY?

Nothing is! If you'd rather curl up with a book than stretch, sing or visit a sacred site, you're welcome to. We've created a diverse and full schedule so there are varied options for all,

Please feel free to join in on what you feel.

DO I HAVE TO BE A FLEXIBLE, FIT YOGI?

Our expert teachers will cater to all styles and fitness levels.

I LIKE MY OWN SPACE, WILL THERE BE ALONE TIME?

Absolutely! There are several quiet areas on both the boat and in the hotels, to sit with yourself and just be.

FAQ

DO I NEED A VISA TO ENTER EGYPT?

Yes, they are easy to do, cost approx \$25 and usually take 48 hours to acquire.

We will tell you how to apply and give you the necessary details.

DO I NEED TO SHOW A PCR TEST OR CERTIFICATE?

You'll be pleased to know that no documentation or certificate of any kind is needed to enter Egypt. Please do check the government requirements when returning to your country.

DO I NEED TO BOOK HOLIDAY INSURANCE?

Although we have full insurance as trip hosts, we do advise you take out your own personal travel insurance, to make sure you are covered as an individual.

IS THERE A GROUP FLIGHT I SHOULD GET ON?

If you're flying from London, you could join us on this return flight:



		
15:00	4h40	20:40
LHR	Direct	CAI
09:45	6h05	14:50
LXR	Direct	LHR

If you're flying from elsewhere, please let us know which flight is most suitable for you.

FAQ

WHAT'S THE DRESS CODE?

Please prepare to cover your shoulders and legs in the sacred sites. Scarves, wraps, long dresses/trousers etc. You can be more modern, relaxed and comfortable on the boat and in the hotels

ARE THERE GF, NUT FREE & VEGAN FOOD OPTIONS?

The cuisine will be plant based with gluten-free and nut free options.

IS IT SHARED ROOMS OR SINGLE OCCUPANCY?

The boat is based on twin-sharing, and the Cairo & Luxor hotel has twin-sharing and single occupancy options.

ROUGHLY HOW MUCH SPENDING MONEY DO I NEED?

That depends on your own budget, Feel free to bring extra for shopping, buying juices when out and about, or if you want to join in on optional excursions, like the sunrise hot air balloon etc.

IS THERE A GROUP WHAT'S APP PRE TRIP?

Yes, it's a high-vibe hub of inspirational quotes, relevant questions and getting to know each other.

We'll add you to the group when you join the trip.

Upon booking, we'll send you the receipt of payment, full itinerary with the list of all temples we will visit, plus what you need to bring, how to apply for your visa, and some handy Arabic phrases.

” ”
Whoever lets
oneself be
led by
the heart
will never
lose their way ” ”

Egyptian Proverbs